



High School Counselors' Schedule Recommendations

FRESHMEN

Credits	Course	Choices
1.0	English	English 9 honors or regular
1.0	Math	Secondary Math 1 or higher
1.0	Science	Biology
0.5	Social Studies	Geography or AP Human Geography
0.5	Physical Education	Participation and Skills, Sports Conditioning, Boys Weights, or Aerobics Walking & Jogging
0.5	Digital Studies	Business Office Specialist, Computer Science Principles, Web Development, Computer Programming
3.5	Electives	CTE, Performing & Visual Arts, Foreign Language, CE (options available)

SOPHOMORE

Credits	Course	Choices
1.0	English	English 10 honors or regular
1.0	Math	Secondary Math 2 or higher
1.0	Science	Physics, Earth Science, or Chemistry
0.5	Social Studies	World History or AP World History
0.5	Physical Education	Fitness for Life
0.5	Health	Health
3.5	Electives	CTE, Performing & Visual Arts, Foreign Language, CE (options available)

JUNIOR

Credits	Course	Choices
1.0	English	English 11 or AP English Language
1.0	Math	Secondary Math 3 or higher, Accounting, Computer Programming, or Math of Personal Finance
1.0	Science	Biology
1.0	Social Studies	CE Environmental Science, CE Chemistry or Chemistry, CE Biotechnology, Robotics, Medical Anatomy & Physiology
0.5	Physical Education	Sports Conditioning, Lifetime Activities, Aerobics Walking & Jogging, or Weight Training
0.5	Financial Literacy	Financial Literacy or CE Financial Literacy
3.0	Electives	CTE, Performing & Visual Arts, Foreign Language, CE (options available)

SENIOR

Credits	Course	Choices
1.0	English	AP English Literature & Composition, DE English 1010 & 2010 or English 12, CE College Writing 1010
1.0	Math	Recommended: CE Math 1010, CE Math 1050, AP Calculus, AP Statistics
1.0	Science	Optional: CE Biotechnology, DE BIOL 1010, DE METO 1010, DE GEO 1010, DE ASTR 1040
0.5	Social Studies (Gov)	U.S. Government, AP/CE U.S. Government, DE POLS 1100
4.0	Electives	CTE, Performing & Visual Arts, Foreign Language, CE (options available)

Contact your school counselor with any questions!
 Counseling@SummitRidgeMiddle.com - 801-555-5555
 Office Hours: Monday - Friday, 7:30-3:00pm